Venloop

Arrow Venloop

March 29, 2026

Winners Arrow Venloop

	Mannen		**Vrouwen**	
2025	Charles Mbatha Matata (Kenia)	1:00.36	Esther Chemtai Kipkech	1:10.17
2024	Charles Mbatha Matata (Kenia)	1:00.39	**Veronica Loleo (Kenia)**	**1:07.38 ***
2023	**Hillary Kipchirchir Chepkwony (Kenia)**	**59.20***	Betelihem Afenigus Yemer (Ethiopie)	1:08.27
2022	Erick Kiplagat Sang (Kenia)	1:00.56	Vivian Jepkemei Melly (Kenia)	1:09.27
2019	Robert Kipchirchir Mwei (Kenia)	1:00.21	Dorcas Jepchumba Kimeli (Kenia)	1:08.19
2018	Stephen Kiprop (Kenia)	59.44	Nancy Kiprop (Kenia)	1:07.49 *
2017	Meshack Koech (Kenia)	1:00.19	Naom Jebet (Kenia)	1:10.03
2016	Geoffrey Yegon (Kenia)	59.44	Perendis Lekapana (Kenia)	1:10.34
2015	Alfers Lagat (Kenia)	1:00.33	Jane Moora (Kenia)	1:10.41
2014	Nicholas Togom (Kenia)	1:01.52	Elizeba Cherono (Kenia)	1:10.15
2013	Philemon Yator (Kenia)	1:01.53	Jane Moora (Kenia)	1:10.40
2012	Urige Buta (Noorwegen)	1:02.35	Sharon Tavengwa (Zim)	1:11.25
2011	Stephen Chelimo (Kenia)	1:02.26	Elizeba Cherono (Kenia)	1:11.26
2010	Abraham Rotich (Kenia)	1:02.20	Isabellah Andersson (Zweden)	1:10.02
2009	Stephen Chelimo (Kenia)	1:01.32	Magdalene Mukunzi (Kenia)	1:10.34
2008	Boniface Biwott (Kenia)	1:02.02	Flomena Chepchirchir (Kenia)	1:11.24
2007	Elias Maindi (Kenia)	1:01.53	Peninha Arusei (Kenia)	1:10.49
2006	Mark Tanui (Kenia)	1:02.35	Robe Tola (Ethiopië)	1:12.53

* Course Record

Fastest Dutch athletes Arrow Venloop

	Mannen		Vrouwen	
2025	Filmon Tesfu	1:03.50	Jennifer Gullikers	1:12.48
2024	Filmon Tesfu	1:02.55	Jacelyn Gruppen	1:11.56
2023	Filmon Tesfu	1:02.58	Jacelyn Gruppen	1:12.59
2022	Khalid Choukoud	1:03.44	Jill Holterman	1:14.45
2019	Jesper van der Wielen	1:02.54	Bo Ummels	1:14.02
2018	Bart van Nunen	1:03.50	Andrea Deelstra	1:13.58
2017	Gert-Jan Wassink	1:04.57	**Susan Krumins**	**1:10.52**
2016	Ronald Schröer	1:05.19	Elizeba Cherono	1:12.42
2015	**Khalid Choukoud**	**1:02.31**	Jessica Oosterloo	1:16.28
2014	Koen Raymaekers	1:04.41	Stefanie Bouma	1:16.03
2013	Khalid Choukoud	1:03.27	Ruth van der Meijden	1:14.07
2012	Patrick Stitzinger	1:03.28	Andrea Deelstra	1:13.47
2011	Michel Butter	1:03.26	Heleen Plaatzer	1:15.20
2010	Patrick Stitzinger	1:02.42	Miranda Boonstra	1:13.04
2009	Hugo van den Broek	1:04.03	Miranda Boonstra	1:13.17
2008	Sander Schutgens	1:03.48	Nadja Wijenberg	1:16.54
2007	Sander Schutgens	1:04.19	Daphne Panhuijsen	1:16.17
2006	Roger Smeets	1:06.16	Nadja Wijenberg	1:13.10

Top 10 all-time Arrow Venloop (International and Dutch)

Men top 10 all time				Women top 10 all time			
1	Hillary Kipchirchir Chepkwony (Ken)	2023	0:59.20	1	Veronica Loleo (Ken)	2024	1:07.38
2	Isaia Kipkoech Lasoi (Ken)	2023	0:59.27	2	Nancy Jepkosgei Kiprop (Ken)	2018	1:07.49
3	Josphat Kiprotich (Ken)	2023	0:59.41	3	Dorcas Jepchumba Kimeli (Ken)	2019	1:08.19
4	Geoffrey Yegon (Ken)	2016	0:59.44	4	Gete Alemayehu (Ken)	2019	1:08.23
5	Stephen Kiprop (Ken)	2018	0:59.44	5	Betelihem Afenigus Yemer (Eth)	2023	1:08.27
6	Kenneth Keter (Ken)	2016	0:59.48	6	Medhin Gebreslassie Beyene (Eth)	2023	1:08.38
7	Yigrem Demelash (Eth)	2016	0:59.49	7	Melat Yisak Kejeta (Eth)	2018	1:08.41
8	Victor Kimutai Chumo (Ken)	2018	1:00.10	8	Rediet Daniel Molla (Eth)	2023	1:08.46
9	Abdallah Kibet Mande (Uga)	2018	1:00.14	9	Joy Kemuma Loyce (Ken)	2018	1:09.02
10	Gilbert Masai (Ken)	2018	1:00.16	10	Vivian Jepkemei Melly (Ken)	2022	1:09.27

Dutch Men top 10 all time				Dutch Women top 10 all time			
1	Khalid Choukoud	2015	1:02.31	1	Susan Krumins	2017	1:10.52
2	Patrick Stitzinger	2010	1:02.42	2	Jacelyn Gruppen	2024	1:11.56
3	Filmon Tesfu	2024	1:02.55	3	Elizeba Franken-Cherono	2024	1:12.18
4	Jesper van der Wielen	2019	1:02.56	4	Anne Luijten	2024	1:12.21
5	Filmon Tesfu	2023	1:02.58	5	Elizeba Cherono	2016	1:12.42
6	Khalid Choukoud	2023	1:03.03	6	Jennifer Gulikers	2025	1:12.48
7	Hugo van den Broek	2010	1:03.26	7	Jamie van Lieshout	2016	1:12.59
	Michel Butter	2011	1:03.26		Jacelyn Gruppen	2023	1:12.59
9	Khalid Choukoud	2013	1:03.27	9	Miranda Boonstra	2010	1:13.04
10	Patrick Stitzinger	2012	1:03.28	10	Nadja Wijenberg	2006	1:13.10

Performance density Arrow Venloop

Mannen	sub 60'	sub 63'	sub 65'	sub 70'	Vrouwen	sub 70'	sub 73'	sub 75'	sub 80'
2025	0	5	11	34	2025	0	4	7	18
2024	0	6	11	37	2024	1	6	7	17
2023	3	9	14	38	2023	4	6	8	16
2022	0	4	9	18	2022	1	3	4	5
2019	0	11	15	45	2019	2	3	7	12
2018	1	10	16	37	2018	3	6	7	11
2017	0	9	15	33	2017	0	5	6	10
2016	3	7	11	27	2016	0	5	5	11
2015	0	7	17	34	2015	0	2	3	6
2014	0	2	6	19	2014	0	1	2	4
2013	0	3	5	33	2013	0	3	5	20
2012	0	3	7	36	2012	0	1	4	11
2011	0	4	13	32	2011	0	4	4	10
2010	0	2	11	40	2010	0	2	3	10
2009	0	3	8	29	2009	0	3	4	10
2008	0	4	11	23	2008	0	4	4	8
2007	0	2	8	22	2007	0	3	6	10
2006	0	1	6	18	2006	0	3	6	12

Fastest Official Course Records worldwide (excluding tournaments)

update March 19, 2026

1	Lisboa (POR)	57.20
2	Valencia (ESP)	57.30
3	Ras Al Khaimah (UAE)	57.56
4	København (DEN)	58.01
5	Barcelona (ESP)	58.05
6	Praha (CZE)	58.24
7	Málaga (ESP)	58.27
8	Buenos Aires (ARG)	58.29
9	Den Haag (NED)	58.33
10	Larne (GBR)	58.36
11	Berlin (GER)	58.42
12	Philadelphia, PA (USA)	58.46
13	Herzogenaurach (GER)	58.48
14	New Delhi (IND)	58.53
15	Tempe, AZ (USA)	58.55
16	Granollers (ESP)	58.55
17	Rotterdam (NED)	58.58
18	Manama (BRN)	58.58
19	Houston, TX (USA)	59.01
20	Napoli (ITA)	59.01
21	Lille (FRA)	59.05
22	Verbania / Stresa (ITA)	59.06
23	Udine (ITA)	59.06
24	Marugame (JPN)	59.07
25	Santa Pola (ESP)	59.09
26	New York (USA)	59.09
27	Milano (ITA)	59.12

28	Ústí nad Labem (CZE)	59.14
29	Abu Dhabi (UAE)	59.19
30	Padova (ITA)	59.19
31	Venlo (NED)	59.20
32	Sevilla (ESP)	59.21
33	Cardiff (GBR)	59.23
34	Meishan (CHN)	59.28
35	Al Khobar (KSA)	59.28
36	Gentbrugge (BEL)	59.28

Fastest official races worldwide (excluding tournaments) based on average top 10 time for Men.

Update: March 19, 2026

#	City	Time
1	Valencia	57.45
2	København	58.26
3	Ras Al Khaimah	58.31
4	Lisboa	58.33
5	Barcelona	58.53
6	Berlin	59.00
7	Praha	59.04
8	New Delhi	59.05
9	Rotterdam	59.13
10	Den Haag	59.16
11	Houston	59.17
12	Buenos Aires	59.24
13	Marugame	59.25
14	Lille	59.27
15	Napoli	59.31
16	Herzogenaurach	59.33
17	Milano	59.39
18	Manama	59.40
19	New York	59.41
20	Larne	59.41
21	Málaga	59.42
22	Philadelphia	59.44
23	Istanbul	59.47
24	Venlo	59.50
25	Yangzhou	59.51
26	Ústí nad Labem	59.51

27	Paris	59.57
28	Udine	59.58
29	Cardiff	59.58
30	Santa Pola	59.58